

“Remedy of Kindness”

Shadowlands

We take refuge in the Buddha
We take refuge in the Dharma
We take refuge in each other
We take refuge in the Sangha

There's no need for judgment
There's no need for dogma
Just the remedy of kindness
And the wisdom of the Sangha

The remedy of kindness
The virtue of compassion
We study, practice, realize
'Til suddenly it happens

We take refuge in the Buddha
We take refuge in the Dharma
We take refuge in each other

We take refuge in the Sangha,
We take refuge in the Sangha
We take refuge in the Sangha