

White Heron Sangha



November 2018

Dear (*member*),

It is apparent to all of us that we are living in troubled times. We have a need to hear the dharma – teachings of mindfulness, lovingkindness, wisdom, courage, forgiveness, and compassion. And through these practices, we can change our lives and help heal the fears and divisiveness that cause so much suffering.

Moving to our own beautiful White Heron Sangha Meditation Center last year allowed us to bring the dharma to a wider community, as we expanded our meditation sittings, retreats, and classes, with something being offered nearly every day.

And, many of you have come and heard and felt the power of practice. It is through your generosity that we are able to continue bringing the dharma to members of our community. White Heron Sangha depends on your support, through monetary donations and volunteering, in order to be able to operate our facility and to provide and expand the offerings you've come to love.

We wish to offer thanks to those of you who have helped to create our Meditation Center as a sacred space; to those who make our retreats and Sunday programs so inviting; to those who have kept our building so clean and fresh; to those who have donated faithfully during this past year through the *dana* baskets at the Center and at our satellite North County and South County Sanghas; and to those who donate monthly through the White Heron Sangha Stewardship Circle.

Now is a good time to consider supporting us for the next year by joining our Stewardship Circle. This involves contributing a set amount each month on an ongoing basis. You can use your own bank's online "Bill Pay" feature to set up White Heron Sangha as a recurring payment from your bank account, or you can make a monthly donation online through the Donate page on the White Heron Sangha website, or you can pledge a set amount to mail to us each month or place in the *dana* basket. Our web services provider has promised a recurring donation feature for our website, but, unfortunately, it is not available yet.

FROM A NEW MEMBER

"Entering the serene environment of the White Heron Sangha meditation hall, I knew that I had found my refuge."

"Attending the sittings and taking some of the classes offered, I experienced so much new information, new terms in a new language; it all felt overwhelming at first."

"But little by little I noticed being more calm and accepting. I had lived in fear and delusion (ignorance) all my life and I began to become aware of my own thinking and reacting."

"Applying those ancient lessons and tools proved they were working. I have gained a lot of insight and understanding since committing my efforts to the dharma. It has been freeing, comforting and wondrous."

"I will gratefully and joyfully continue to support the WHS."

Dagmar Malkus

Of course, we appreciate all donations to White Heron Sangha. Perhaps each of us can find a way to contribute to our sangha, financially and/or through volunteer efforts, so that we can count on sufficient participant support for the years to come. All those who participate with us contribute to the field of generosity and goodwill that sustains us.

With gratitude,

White Heron Sangha Financial Stewardship Committee:



Carole Maurer, White Heron
Sangha President



Greg Thomas, White Heron
Sangha Treasurer



Mick Malotte



Marianne Palmer

P.S. Please fill out and return the enclosed financial support card with your donation or pledge. You will receive a thank you letter from White Heron Sangha early next year for donations made in 2018.

To help facilitate the return of these forms, you will find a stamped, self-addressed envelope enclosed. The stamps for the return envelope were donated by a Sangha member.