

A Prayer for the World

May there be timely rains
And bountiful harvests.
May all medicines be effective
And wholesome prayers bear fruit.
May all who are sick or ill
Quickly be freed from their ailments.
Whatever diseases there are in the world
May they never occur again.

May the frightened cease to be afraid
And those bound be freed.
May the powerless find power
And may people think of benefitting each other.

For as long as space remains,
For as long as sentient beings remain,
Until then may I too remain
To dispel the miseries of the world.

- Shantideva, *A Guide to the Bodhisattva Way of Life*.

Alliance for Bikkhunis, Dhamma Bytes for Troubled Times