

White Heron Sangha Sunday Program Schedule Summary Fall 2018

*Unless otherwise indicated, meetings held Sunday evenings at 6:00pm at
White Heron Sangha Meditation Center, 6615 Bay Laurel Pl, Avila Beach CA 93424
You are invited to arrive any time after 5:30 for socializing before meditation begins.*

NOTE: Late changes may not be reflected here. Always consult the online events calendar for up-to-date information, additional details, and information about our other offerings such as classes and mid-week sittings.

September

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| 2 | SUN | Refuge Ceremony led by Greg Thomas |
| 9 | SUN | Annual Picnic in Meadow Park - no meeting in Avila |
| 16 | SUN | "The Teachings of Nisargadatta" - talk by Claudia Coleman |
| 23 | SUN | Sharing the Dharma - bring a reading |
| 30 | SUN | "The Dharma in the Modern World" - talk by Rosemary Donnell |

October

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| 7 | SUN | "Remembering the Practice When You Really Need It" -
talk by Khaydroup Zangmo |
| 14 | SUN | "About Roshi Bernie Glassman" - talk by Corey McIntyre |
| 21 | SUN | "Living Kindness: Buddhist Teachings for a Troubled World" -
talk by Kevin Griffin |
| 28 | SUN | "Addiction, Attachment, and Buddhism" - talk by Dr. Michael McGee |

November

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| 4 | SUN | "Buddhism in Daily Life: Greed, Hatred, and Delusion" - small group discussions |
| 11 | SUN | Video presentation: A conversation with Tenzin Palmo and B. Alan Wallace |
| 18 | SUN | "Devotional Practice for Fidgety Skeptics" - Mick Malotte and James Coleman |
| 25 | SUN | Sit, Walk, Sit - led by Susan Quinones |