

# White Heron Sangha Sunday Program Schedule Summary Spring 2020

*Unless otherwise indicated, meetings are held Sunday evenings at 6:00pm at  
White Heron Sangha Meditation Center, 6615 Bay Laurel Pl, Avila Beach CA 93424*

*On the first Sunday of each month we have an optional Refuge Ceremony beginning at 5:30.  
On other Sundays you are invited to arrive any time after 5:30 for socializing.*

**NOTE: Late changes may not be reflected here. Always consult the online events calendar for up-to-date information, additional details, and information about our other offerings such as classes and mid-week sittings.**

## March

1 SUN *(5:30 pm optional Refuge Ceremony)*  
Qi Gong for Meditators – Devin Wallace

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8 SUN “The Way of the Bodhisattva” – talk by James Coleman

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15 SUN “Individual Home Retreats” – talk by Rosemary Donnell and Joan Carter

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22 SUN Equinox Celebration – Devotional Chanting to Quiet the Mind

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29 SUN “Great Teachers: Milarepa” – talk by Claudia Coleman

## April

4 SAT “Dharma Practice in a Time of Collective Challenge and Crisis”  
5 SUN Weekend Retreat with Donald Rothburg

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12 SUN “Buddhism and Healing” – talk by Mike McGee

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19 SUN “Reflections on the book *What is This?*” – talk by Carole Maurer

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26 SUN Talk by Mark Bloodgood

## May

3 SUN *(5:30 pm optional Refuge Ceremony)*  
“Bearing Witness” – talk by Alison Rittger

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10 SUN Video teaching with Robert Thurman

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17 SUN “Seeing, Delusion, and the Skandhas” – talk by Deborah West

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24 SUN “Wise Reflection (managing our thoughts)” – talk by Devin Wallace

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31 SUN “Dialogue: Contemplative Christianity and Buddhism” – talk by Larry Inchausti

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